



Wellness Spa Menu

E Beyond has partnered with Healing Earth, a leading natural, eco-friendly, and holistic spa and skincare company, to produce a truly authentic African experience for the mind, body, and soul. Therapeutic in its approach, Healing Earth's treatments are inspired by the wisdom of Africa's traditional healers and celebrate the continent's vibrant heritage, communities, and plant life.

Each lovingly created product harnesses the restorative powers of Africa's rich natural resources and is made from only the purest ingredients sourced from the continent's powerful minerals, oceans, flowers, herbs, fruit, seeds, and oils. Healing Earth's wellness journeys

all begin with a traditional African foot cleansing ritual, a symbolic practice to centre the mind and soul. The experience culminates in a soothing rainstick therapy, designed to echo the calming sounds of the African rainforest.

Please reach out to any of our team members should you wish to book any of the following Healing Earth wellness spa treatments.



Signature Journeys

Spirit of the Samburu

Celebrate the vibrant fusion of Samburu passion and culture with this indulgent treatment. Begin with a traditional Samburu cleansing foot ritual using mineral salt crystals infused with indigenous plant extracts. Next, enjoy a full body and facial cleanse with a specially prepared cleansing polish blended with rejuvenating herbs and spices, followed by a traditional Samburu wellness wrap infused with clay minerals from the Great Rift Valley. A rhythmic full body massage follows to complete your spiritual escape. To signify the end of your journey and bring the promise of new beginnings, we call on the rains of Africa with an ancient Samburu Gratitude Celebration using singing bowls and traditional African rainsticks.

120 min | **USD 225**

Quiet mind journey

Create a personal affirmation to reclaim an unconditional acceptance and love for yourself, reconnecting with your soul to release negative energy from within. A special blend of indigenous oils, infused with essential oils and healing herbs, creates a uniquely relaxing treatment. These oils are combined with deep tissue massage techniques to bring relaxation to tired, aching muscles, allowing body and soul to return to equilibrium.

90 min | **USD 140**

60 min | **USD 110**

45 min | **USD 80**

Couples escape

Together with your partner, become immersed in the restorative ambience of our steam room. Kept at an optimal temperature, the steam room generates a gentle mist that promotes deep cleansing while a subtle hint of herbal aromatherapy stimulates the senses, restoring mind-body balance. Next, enjoy a rejuvenating shower, followed by a couples massage. Complete your 'couples escape' with a cold plunge and a refreshing beverage overlooking the conservancy's boundless expanse.

120 min | **USD 300**

Sacred me time

This holistic, self-nurturing experience includes a remineralising Himalayan crystal salt full body scrub for deep detoxification, followed by a holistic cleansing ceremony and nurturing Abhyanga hot oil massage. Using a bespoke blend of uniquely prepared aromatherapy and botanical oils, your 'me time' will encourage you to reconnect with your soul, release negative energy, and emerge reset and refreshed.

90 min | **USD 170**

Body Ceremonies

Body exfoliation

Enjoy a full body exfoliation using one of Healing Earth's luxurious body polishes, combining indigenous exfoliants with the nourishing power of shea butter and botanical oils to leave your skin feeling refined, nourished, and illuminated. Complete your treatment with a rejuvenating warm shower and gentle application of body butter.

30 min | **USD 65**

Body wrap

Indulge in a full body wrap to either detox, firm, tone and illuminate, or repair and heal your precious skin.

- **Mongongo nut:** Detox
- **Coffee, cinnamon and orange:** Firm, tone and illuminate
- **Aloe vera and African potato:** Sun damage repair

30 min | **USD 65**

Massages

African shea butter: Swedish

90 min | **USD 150**

60 min | **USD 100**

Aroma soul relaxation:

Aromatherapy

90 min | **USD 150**

60 min | **USD 100**

Muscle ease deep release:

Deep tissue

90 min | **USD 150**

60 min | **USD 100**

Soul of the earth: Hot stone

90 min | **USD 150**

60 min | **USD 100**

Back, neck and shoulder

90 min | **USD 150**

45 min | **USD 80**

Jet lag leg relief

30 min | **USD 60**

African head massage

30 min | **USD 60**

Facials

Tailored facial journey

Our facials are gently adapted to address all skin concerns, harnessing the nourishing powers of indigenous plants to rejuvenate, restoring the skin to its natural state and revealing a radiant glow. These treatments are specifically designed to complement your time in the bush and skincare regime, feeding and nourishing your precious skin.

Calm and soothe facial

60 min | **USD 110**

Refreshing taster facial

30 min | **USD 60**



Hands and Feet

Ultimate hand ritual

Your treatment begins with a nourishing hand soak using mineral-rich salts mixed with indigenous essential oils. You will then be treated to an antioxidant-rich indigenous hand exfoliation, followed by a luxurious shea butter hand mask and a hand massage using a unique hand serum tailored to your skin type, leaving your hands feeling soft and rejuvenated.

60 min | **USD 45**

Add on: Nail polish | **USD 15**

Express hands and feet combo

An express hands and feet treatment to refresh and nourish tired travellers, leaving you feeling revived and renewed.

30 min | **USD 45**

Ultimate foot ritual

Begin your treatment with a relaxing foot soak using peppermint and tea tree salt crystals. Next, enjoy an invigorating foot polish with an indigenous Samburu scrub. Lastly, indulge in a shea butter foot mask, followed by a foot massage using indigenous oils and a specially prepared cooling aloe vera foot gel and spray, leaving your feet feeling light and rejuvenated.

60 min | **USD 65**

Add on: Nail polish | **USD 15**

Earth Child Treatments

Specially curated for children between the ages of six and 12 years.

30 min | **USD 50**

Relaxation massage

A soothing full body massage ideal for little ones. Gentle pressure aids with improving circulation and boosts the body's immune system.

Fun facial with African mud

A refreshing mini facial using indigenous mud, marula oil and aloe vera to treat and protect our young explorers' delicate skin.

Mini pamper manicure

An indulgent hand treatment for tiny fingers.

Mini pamper pedicure

A luxurious foot treatment for tired toes.

